

Homeopathic and Naturopathic Protocol for Chemotherapy

(patients should check possible interactions of herbs and supplements)

The [Life Extension](http://www.lef.org) cancer protocols (lef.org) often include these interactions or get the following book by David S. Tatro, **Drug interaction Facts 2007**.

Liver Detox and Bone Building – **Silybum marianum** tincture and 3c, **Chelidonium majus** tincture, **Taraxacum** tincture and 3c, plus cell salts (specifically **Calc Fluor 6x** and **Calc Phos 6x**)

Mix all into a bottle and to be taken 3 x daily, ten drops.

Homeopathy specific to counteract chemotherapy side-effects:

Cadmium sulph 200c and **Nux vomica** 1M, put into one bottle and take 3 drops in water

Supplements (some are available locally and others are available from the www.lef.org website): specific for chemotherapy

🍏 **green tea extract** - five 350 mg capsules with each meal (alternative is to drink 5 cups of green tea a day until you can get the supplement) - available in Egypt as **Multi-Treat** (MEPACO)

🍏 **Fish oil (EPA)** - 8 - 12 caps throughout the day, and include at least one capsule of **GLA** (gamma lineolenic acid)

🍏 **L-theanine**, 500 mg dissolved in water or juice 2 x a day, or 500 mg in capsule form, 2 x a day

🍏 **Vitamin E**, 400 IU a day (available in Egypt in 100 I.U. caps)

🍏 **Vitamin C**, from 4 grams to 12 grams throughout the day (or bowel tolerance) - available in Egypt

🍏 **Coenzyme CoQ10**, 200-300 mg daily in a softgel oil capsule for maximum absorption

🍏 **Melatonin** 3-10 mg at bedtime

Naturopathic from Germany (to be ordered from Germany – these are non-prescription so can be gotten from any pharmacy):

🍏 **Wobenzym N** (Mugos) - to be taken as follows: 3 tablets 3 x a day for one week, 2 tablets 3 x a day for one week, 1 tablet 3 x a day for one week, one week nothing, then resume from beginning.

Diet:

See relevant pages on website.

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